July 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Oatmeal, Seasonal	Breakfast: Egg Bites, Seasonal Fruit,	Breakfast: Muffins, Seasonal Fruit,	Breakfast: Pancakes, Seasonal	Breakfast: Cheerios w/ Seasonal
Fruit, Milk	Milk	Milk	Fruit, Milk	Fruit, Milk
Seasonal Fruit & Veggies served:	1	2	3	4
*Blueberries	AM Snack: Pretzels & String Cheese	AM Snack: Yogurt w/ Grahams	SCHOOL CLOSED	SCHOOL CLOSED
*Lettuce	Lunch: Pizza Bread, Seasonal Fruit &	<u>Lunch:</u> Turkey Cheese Wrap,		
*squash	Vegetables	Seasonal Fruit & Vegetables		
*strawberries	PM Snack: Triscuits & Oranges	PM Snack: Veggie Straws & Apples		
*zucchini				
7	8	9	10	11
AM Snack: Peppers & Hummus	AM Snack: Grahams, Yogurt	AM Snack: Bagel w/Cream Cheese	AM Snack: Saltine & Avocado	AM Snack: Apple Sauce, Ritz
Lunch: Sausage Pasta Salad,	Lunch: Spam Fried Rice w/ Mixed	Lunch: Mac n Cheese w/Ham,	Lunch: Taco Salad, Seasonal Fruit	<u>Lunch:</u> Ham & Cheese Sandwich,
Seasonal Fruit & Vegetables	Veggies, Seasonal Fruit &	Seasonal Fruit & Vegetables	& Vegetables	Seasonal Fruit & Vegetables
PM Snack: Gold Fish & Apple	Vegetables	PM Snack: Animal Crackers &	PM Snack: Nutri-Grain Bar	PM Snack: Peppers & Hummus
Slices	PM Snack: Veggie Straws &	Oranges		
	Cucumbers			
14	15	16	17	18
AM Snack: Cheez Its,	AM Snack: Bagel w/ Cream Cheese	AM Snack: Cottage Cheese, Tomatoes	AM Snack: Veggie Straw & Apples	AM Snack: Nilla Wafers, Yogurt
Cranberries	Lunch: Taco Pasta Salad, Seasonal	& Bacon	Lunch: Chicken Quesadilla,	Lunch: Turkey Rice-A-Roni,
Lunch: Chicken Fried Rice,	Fruit & Vegetables	Lunch: Meat Lasagna, Seasonal Fruit	Seasonal Fruit & Vegetables	Seasonal Fruit & Vegetables
Seasonal Fruit & Vegetables	PM Snack: Nutri-Grain Bar	& Vegetables	PM Snack: Triscuits & Apples	<u>PM Snack:</u> Cucumbers & String Cheese
PM Snack: Watermelon & String Cheese		PM Snack: Cheese Its & Grapes		cneese
21	22	23	24	25
AM Snack: Pretzels, String	AM Snack: Animal Crackers, Raisins	AM Snack: Nilla Wafers &	AM Snack: Nutri Grain Bar	AM Snack: Ritz, Apple Sauce
Cheese	Lunch: Ham & Cheese Pinwheels,	Cranberries	<u>Lunch:</u> Pizza Bread, Seasonal Fruit	<u>Lunch:</u> Chicken Cesar Pasta
<u>Lunch:</u> Taco Salad w/ Beef,	Seasonal Fruit & Vegetables	Lunch: Beans & Franks, Hawaiian	& Vegetables	Salad, Seasonal Fruit &
Seasonal Fruit & Vegetables	PM Snack: Ritz Crackers &	Rolls, Seasonal Fruit & Vegetables	PM Snack: Pretzels & String	Vegetables
PM Snack: Grahams & Orange	Watermelon	PM Snack: Veggie Straws & Apples	Cheese	<u>PM Snack:</u> Fig Bar
Slices				
28	29	30	31	
AM Snack: Triscuits & Grapes	AM Snack: Saltines w/ Jam	AM Snack: Bagels w/ Cream Cheese	AM Snack: Grahams & Yogurt	
Lunch: Turkey & Cheese	Lunch: Sausage Pasta Salad,	Lunch: Chicken Rice-A-Roni,	Lunch: Ham & Cheese Pinwheels,	
Sandwich, Seasonal Fruit &	Seasonal Fruit & Vegetables	Seasonal Fruit & Vegetables	Seasonal Fruit & Vegetables	
Vegetables	PM Snack: Gold Fish & Apples	PM Snack: Fig Bar	PM Snack: Carrots & Hummus	
PM Snack: Animal Crackers &				
Cranberries		l	1	

^{*}Seasonal Vegetables and Fruits *Based on availability, whole grains or partial whole grains are used for pasta and other dishes. *Whole milk is served to children 1yr. and older and water is served with ALL snacks. *Lunch and snack substitutions are made for young children. *Menu follows USDA standards. *The ingredients are subject to change based on the availability. *Special diet fee \$25 per month or \$2.50 per day. *No charge for families providing appropriate healthy substitutions.