

September Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Toast, Ham, Fruit & Milk	Breakfast: Pancakes, Fruit & Milk	Breakfast: Oatmeal, Fruit & Milk	Breakfast: Egg Bites, Fruit & Milk	Breakfast: Cheerios, Fruit & Milk
	<i>Morning Snack:</i> 1. Triscuits & Cheese <i>Lunch:</i> Cold Pasta Veggie Salad w/Ham & Oranges <i>Afternoon:</i> Veggie Straws & Apples	<i>Morning Snack:</i> 2. Fig Bar <i>Lunch:</i> Beans w/ Franks, Roll, Corn & Banana <i>Afternoon:</i> Carrots & Cheese	<i>Morning Snack:</i> 3. Peppers & Hummus <i>Lunch:</i> Chicken w/ Rice, Oranges & Carrots/Peas <i>Afternoon:</i> Goldfish & Blueberries	<i>Morning Snack:</i> 4. Carrots, Cucumbers & Hummus <i>Lunch:</i> Tuna Fish Sandwich, Carrots & Oranges <i>Afternoon:</i> Animal Crackers & Cranberries
Labor Day CLOSED	7. <i>Morning Snack:</i> 8. Animal Crackers & Cranberries <i>Lunch:</i> Cold Pasta Veggie Salad w/Turkey & Grapes <i>Afternoon:</i> Apples & Sun Butter	9. <i>Morning Snack:</i> 9. Nilla Wafers & Yogurt <i>Lunch:</i> Ham/Cheese Sliders, Pickles & Oranges <i>Afternoon:</i> Veggie Straws & Blueberries	10. <i>Morning Snack:</i> 10. Triscuits & String Cheese <i>Lunch:</i> Taco Salad, Oranges & Ritz <i>Afternoon:</i> Carrots, Cucumbers & Hummus	11. <i>Morning Snack:</i> 11. Cottage Cheese w/Tomatoes & Bacon Bits <i>Lunch:</i> Pizza Bread, Salad & Banana <i>Afternoon:</i> Melon & Wheat Thins
	14. <i>Morning Snack:</i> Nilla Wafers & Yogurt <i>Lunch:</i> Ham/Cheese Sliders, Pickles & Oranges <i>Afternoon:</i> Veggie Straws & Blueberries	16. <i>Morning Snack:</i> 16. Pretzels & Sun Butter <i>Lunch:</i> Chicken/Cheese Quesadilla, Corn & Pineapple <i>Afternoon:</i> Bagel w/Cream Cheese	17. <i>Morning Snack:</i> 17. Bagel w/Cream Cheese <i>Lunch:</i> Zucchini Lasagna w/Meat Sauce, Fruit Salad <i>Afternoon:</i> Fig Bar	18. <i>Morning Snack:</i> 18. Grahams & Applesauce <i>Lunch:</i> Turkey/Cheese Sandwich, Pickles & Grapes <i>Afternoon:</i> Triscuits & Oranges
21. <i>Morning Snack:</i> Carrots, Cucumbers & Hummus <i>Lunch:</i> Tuna Fish Sandwich, Carrots & Oranges <i>Afternoon:</i> Animal Crackers & Cranberries	22. <i>Morning Snack:</i> 22. Triscuits & Cheese <i>Lunch:</i> Cold Pasta Veggie Salad w/Ham & Oranges <i>Afternoon:</i> Veggie Straws & Apples	23. <i>Morning Snack:</i> 23. Cottage Cheese w/Tomatoes & Bacon Bits <i>Lunch:</i> Pizza Bread, Salad & Banana <i>Afternoon:</i> Melon & Wheat Thins	24. <i>Morning Snack:</i> 24. Grahams & Applesauce <i>Lunch:</i> Beans w/ Franks, Roll, Corn & Banana <i>Afternoon:</i> Pretzels & Sun Butter	25. <i>Morning Snack:</i> 25. Pretzels & Sun Butter <i>Lunch:</i> Chicken/Cheese Quesadilla, Corn & Pineapple <i>Afternoon:</i> Animal Crackers & Grapes
28. <i>Morning Snack:</i> Carrots, Cucumbers & Hummus <i>Lunch:</i> Tater Tot Casserole, Salad & Apples <i>Afternoon:</i> Cheese Crackers & Raisins	29. <i>Morning Snack:</i> 29. Grahams & Applesauce <i>Lunch:</i> Turkey/Cheese Sandwich, Pickles & Grapes <i>Afternoon:</i> Triscuits & Oranges	30. <i>Morning Snack:</i> 30. Bagel w/Cream Cheese <i>Lunch:</i> Tomato Beef Casserole, Corn & Pears <i>Afternoon:</i> Fig Bar	*Seasonal Vegetables and Fruits *Based on availability, whole grains or partial whole grains are used for pasta and other dishes. *Whole milk is served to children 1yr. and older and water is served with ALL snacks. *Lunch and snack substitutions are made for young children. *Menu follows USDA standards. *The ingredients are subject to change based on the availability. *Special diet fee \$25 per month or \$2.50 per day. *No charge for families providing appropriate healthy substitutions.	