

July 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast:</u> Oatmeal, Seasonal Fruit, Milk Seasonal Fruit & Veggies served: *Blueberries *Lettuce *strawberries	<u>Breakfast:</u> Egg Bites, Seasonal Fruit, Milk 	<u>Breakfast:</u> Muffins, Seasonal Fruit, Milk 1 <u>AM Snack:</u> Yogurt w/ Grahams <u>Lunch:</u> Turkey Cheese Wrap, Seasonal Fruit & Vegetables <u>PM Snack:</u> Veggie Straws & Apples	<u>Breakfast:</u> Pancakes, Seasonal Fruit, Milk 2 <u>AM Snack:</u> Pretzels & String Cheese <u>Lunch:</u> Pizza Bread, Seasonal Fruit & Vegetables <u>PM Snack:</u> Triscuits & Oranges	<u>Breakfast:</u> Cheerios w/ Seasonal Fruit, Milk 3 SCHOOL CLOSED
6 <u>AM Snack:</u> Peppers & Hummus <u>Lunch:</u> Chicken Quesadilla, Seasonal Fruit & Vegetables <u>PM Snack:</u> Gold Fish & Apple Slices	7 <u>AM Snack:</u> Grahams, Yogurt <u>Lunch:</u> Spam Fried Rice w/ Mixed Veggies, Seasonal Fruit & Vegetables <u>PM Snack:</u> Veggie Straws & Cucumbers	8 <u>AM Snack:</u> Bagel w/ Cream Cheese <u>Lunch:</u> Cold Pasta Salad, Seasonal Fruit & Vegetables <u>PM Snack:</u> Animal Crackers & Oranges	9 <u>AM Snack:</u> Saltine & Avocado <u>Lunch:</u> Taco Salad, Seasonal Fruit & Vegetables <u>PM Snack:</u> Nutri-Grain Bar	10 <u>AM Snack:</u> Apple Sauce, Ritz <u>Lunch:</u> Ham & Cheese Sandwich, Seasonal Fruit & Vegetables <u>PM Snack:</u> Peppers & Hummus
13 <u>AM Snack:</u> Cheez Its, Cranberries <u>Lunch:</u> Taco Pasta Salad, Seasonal Fruit & Vegetables <u>PM Snack:</u> Watermelon & String Cheese	14 <u>AM Snack:</u> Bagel w/ Cream Cheese <u>Lunch:</u> Ham & Cheese Sandwich, Seasonal Fruit & Vegetables <u>PM Snack:</u> Nutri-Grain Bar	15 <u>AM Snack:</u> Cottage Cheese, Tomatoes & Bacon <u>Lunch:</u> Meat Lasagna, Seasonal Fruit & Vegetables <u>PM Snack:</u> Cheese Its & Grapes	16 <u>AM Snack:</u> Veggie Straw & Apples <u>Lunch:</u> Chicken Quesadilla, Seasonal Fruit & Vegetables <u>PM Snack:</u> Triscuits & Apples	17 <u>AM Snack:</u> Nilla Wafers, Yogurt <u>Lunch:</u> Turkey Rice-A-Roni, Seasonal Fruit & Vegetables <u>PM Snack:</u> Cucumbers & String Cheese
20 <u>AM Snack:</u> Pretzels, String Cheese <u>Lunch:</u> Taco Salad w/ Beef, Seasonal Fruit & Vegetables <u>PM Snack:</u> Grahams & Orange Slices	21 <u>AM Snack:</u> Animal Crackers, Raisins <u>Lunch:</u> Ham & Cheese Pinwheels, Seasonal Fruit & Vegetables <u>PM Snack:</u> Ritz Crackers & Watermelon	22 <u>AM Snack:</u> Nilla Wafers & Cranberries <u>Lunch:</u> Beans & Franks, Hawaiian Rolls, Seasonal Fruit & Vegetables <u>PM Snack:</u> Veggie Straws & Apples	23 <u>AM Snack:</u> Nutri Grain Bar <u>Lunch:</u> Pizza Bread, Seasonal Fruit & Vegetables <u>PM Snack:</u> Pretzels & String Cheese	24 <u>AM Snack:</u> Ritz, Apple Sauce <u>Lunch:</u> Chicken Cesar Pasta Salad, Seasonal Fruit & Vegetables <u>PM Snack:</u> Fig Bar
27 <u>AM Snack:</u> Triscuits & Grapes <u>Lunch:</u> Turkey & Cheese Sandwich, Seasonal Fruit & Vegetables <u>PM Snack:</u> Animal Crackers & Cranberries	28 <u>AM Snack:</u> Saltines w/ Jam <u>Lunch:</u> Pizza, Seasonal Fruit & Vegetables <u>PM Snack:</u> Gold Fish & Apples	29 <u>AM Snack:</u> Bagels w/ Cream Cheese <u>Lunch:</u> Chicken Rice-A-Roni, Seasonal Fruit & Vegetables <u>PM Snack:</u> Fig Bar	30 <u>AM Snack:</u> Grahams & Yogurt <u>Lunch:</u> Ham & Cheese Pinwheels, Seasonal Fruit & Vegetables <u>PM Snack:</u> Carrots & Hummus	31 <u>AM Snack:</u> Peppers & Hummus Cheese <u>Lunch:</u> Taco Pasta Salad, Seasonal Fruit & Vegetables <u>PM Snack:</u> Apples & Cheese

*Seasonal Vegetables and Fruits *Based on availability, whole grains or partial whole grains are used for pasta and other dishes. *Whole milk is served to children 1yr. and older and water is served with ALL snacks. *Lunch and snack substitutions are made for young children. *Menu follows USDA standards. *The ingredients are subject to change based on the availability.
 *Special diet fee \$25 per month or \$2.50 per day. *No charge for families providing appropriate healthy substitutions.