

October Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Toast, Ham, Fruit & Milk	Breakfast: Pancakes, Fruit & Milk	Breakfast: Muffins, Fruit & Milk	Breakfast: Egg Bites, Fruit & Milk	Breakfast: Cheerios, Fruit & Milk
<i>*Seasonal Vegetables and Fruits *Based on availability, whole grains or partial whole grains are used for pasta and other dishes. *Whole milk is served to children 1yr. and older and water is served with ALL snacks. *Lunch and snack substitutions are made for young children. *Menu follows USDA standards. *The ingredients are subject to change based on the availability. *Special diet fee \$25 per month or \$2.50 per day. *No charge for families providing appropriate healthy substitutions.</i>				
<i>Morning Snack:</i> 5. Bagel w/Cream Cheese <i>Lunch:</i> Tomato Beef Casserole, Corn & Pears <i>Afternoon:</i> Fig Bar	<i>Morning Snack:</i> 6. Animal Crackers & Cranberries <i>Lunch:</i> Cold Pasta Veggie Salad w/Turkey & Grapes <i>Afternoon:</i> Apples & Sun Butter	<i>Morning Snack:</i> 7. Nilla Wafers & Yogurt <i>Lunch:</i> Ham/Cheese Sliders, Pickles & Oranges <i>Afternoon:</i> Veggie Straws & Blueberries	<i>Morning Snack:</i> 8. Triscuits & String Cheese <i>Lunch:</i> Taco Salad, Oranges & Ritz <i>Afternoon:</i> Carrots, Cucumbers & Hummus	<i>Morning Snack:</i> 9. Cottage Cheese w/Tomatoes & Bacon Bits <i>Lunch:</i> Pizza Bread, Salad & Banana <i>Afternoon:</i> Melon & Wheat Thins
<i>Morning Snack:</i> 12. Nilla Wafers & Yogurt <i>Lunch:</i> Ham/Cheese Sliders, Pickles & Oranges <i>Afternoon:</i> Veggie Straws & Blueberries	<i>Morning Snack:</i> 13. Cottage Cheese & Pears <i>Lunch:</i> Tater Tot Casserole, Salad & Apples <i>Afternoon:</i> Wheat Thins & String Cheese	<i>Morning Snack:</i> 14. Pretzels & Sun Butter <i>Lunch:</i> Chicken/Cheese Quesadilla, Corn & Pineapple <i>Afternoon:</i> Bagel w/Cream Cheese	<i>Morning Snack:</i> 15. Bagel w/Cream Cheese <i>Lunch:</i> Zucchini Lasagna w/Meat Sauce, Fruit Salad <i>Afternoon:</i> Fig Bar	<i>Morning Snack:</i> 16. Grahams & Applesauce <i>Lunch:</i> Turkey/Cheese Sandwich, Pickles & Grapes <i>Afternoon:</i> Triscuits & Oranges
<i>Morning Snack:</i> 19. Carrots, Cucumbers & Hummus <i>Lunch:</i> Turkey Sandwich, Carrots & Oranges <i>Afternoon:</i> Animal Crackers & Cranberries	<i>Morning Snack:</i> 20. Triscuits & Cheese <i>Lunch:</i> Cold Pasta Veggie Salad w/Ham & Oranges <i>Afternoon:</i> Veggie Straws & Apples	<i>Morning Snack:</i> 21. Cottage Cheese w/Tomatoes & Bacon Bits <i>Lunch:</i> Pizza Bread, Salad & Banana <i>Afternoon:</i> Melon & Wheat Thins	<i>Morning Snack:</i> 22. Grahams & Applesauce <i>Lunch:</i> Beans w/ Franks, Roll, Corn & Banana <i>Afternoon:</i> Pretzels & Sun Butter	<i>Morning Snack:</i> 23. Pretzels & Sun Butter <i>Lunch:</i> Chicken/Cheese Quesadilla, Corn & Pineapple <i>Afternoon:</i> Animal Crackers & Grapes
<i>Morning Snack:</i> 26. Carrots, Cucumbers & Hummus <i>Lunch:</i> Tater Tot Casserole, Salad & Apples <i>Afternoon:</i> Cheese Crackers & Raisins	<i>Morning Snack:</i> 27. Grahams & Applesauce <i>Lunch:</i> Turkey/Cheese Sandwich, Pickles & Grapes <i>Afternoon:</i> Triscuits & Oranges	<i>Morning Snack:</i> 28. Nilla Wafers & Yogurt <i>Lunch:</i> Cold Pasta Veggie Salad w/Ham & Oranges <i>Afternoon:</i> Veggie Straws & Apples	<i>Morning Snack:</i> 29. Bagel w/Cream Cheese <i>Lunch:</i> Tomato Beef Casserole, Corn & Pears <i>Afternoon:</i> Fig Bar	<i>Morning Snack:</i> 30. Triscuits & String Cheese <i>Lunch:</i> Burritos, Oranges & Ritz <i>Afternoon:</i> Carrots, Cucumbers & Hummus